



Europass Curriculum Vitae

Personal information

First name(s) / Surname(s)

Paolo Bozzato, PhD

Professional Address

Department of Human Sciences, Territory, and Innovation
University of Insubria
Collegio Cattaneo, via Dunant, 7 - 21100 Varese (Italy)

E-mail

paolo.bozzato@uninsubria.it

Nationality

Italian

Date of birth

03/01/1975

Gender

Male (He/His/Him)

Current Position

Adjunct Professor of Psychology, Post-doctoral Researcher in Psychology, and Licensed Psychologist and Psychotherapist

Work experience

Dates

05/10/2016 - today

Occupation or position held

Adjunct Professor of Psychology

Main activities and responsibilities

Teaching Psychology at Master's and PhD levels

Name and address of employer

Department of Human Sciences, Territory and Innovation, University of Insubria
Via Sant'Abbondio 12, Como, Italy

Type of business or sector

Higher Education

Dates

23/06/2016 - today

Occupation or position held

Post-doctoral researcher (since 02/01/2021); **Pre-doctoral researcher** (23/06/2016-23/12/2020)

Main activities and responsibilities

Research in the field of Developmental and Educational Psychology

Name and address of employer

CRiFli Centro di Ricerca sui Fenomeni Linguistici e Culturali (Research Center on Linguistic and Cultural Phenomena), University of Insubria, Via Sant'Abbondio 12, Como, Italy

Type of business or sector

Research in Human Sciences

Dates

01/03/2003 - today

Occupation or position held

Licensed Psychologist and Psychotherapist

Main activities and responsibilities

Psychological counselling and psychotherapy

Name and address of employer

Private practice

Type of business or sector

Mental Health

Education and training

Dates

2025

Title of qualification awarded

National Scientific Qualification for Associate Professorship in Developmental and Educational Psychology

Level in national or international classification

Approved

Dates

2017 – 2020

Title of qualification awarded

PhD Degree in Law and Human Sciences

Principal subjects/occupational skills covered	Psychology, Human Sciences, Law
Name and type of organisation providing education and training	University of Insubria (Varese-Como, Italy)
Thesis	"Developmental changes in the narratives of autobiographical memories" (Developmental Psychology)
Level in national or international classification	Approved cum laude notation
Dates	June – July 2019
Title of qualification awarded	Summer School BioStAT 2019
Principal subjects/occupational skills covered	Descriptive and inferential statistics
Name and type of organisation providing education and training	University of Asti "Rita Levi-Montalcini"
Level in national or international classification	Approved
Dates	September – December 2010
Title of qualification awarded	Higher Education Course in Pathological Gambling
Principal subjects/occupational skills covered	Psychology of gambling, diagnosis of pathological gambling, prevention and treatment of pathological gambling.
Name and type of organisation providing education and training	University of Insubria (Varese-Como, Italy) in partnership with the association "Vinciamo il Gioco"
Level in national or international classification	Approved
Dates	2006
Title of qualification awarded	Registered Psychotherapist
Name and type of organisation providing education and training	Psychologist Board of Lombardy Region, Italy
Dates	2003-2006
Title of qualification awarded	Specialization Diploma in Humanistic-Rogerian Psychotherapy
Principal subjects/occupational skills covered	Psychopathology, clinical psychology, developmental psychology, communication psychology, humanistic psychotherapy, Rogerian or Person-Centered psychotherapy
Name and type of organisation providing education and training	IACP – Istituto dell'Approccio Centrato sulla Persona di Carl Roger (Person-centered Approach of Carl Rogers' Institute), Rome (Italy)
Thesis	"Needs and Limits in Carl Rogers' Person-Centered Psychotherapy. The Case of a depressed young adult"
Level in national or international classification	Approved
Dates	2003
Title of qualification awarded	Registered Psychologist
Name and type of organisation providing education and training	Psychologist Board of Lombardy Region, Italy
Dates	2002
Title of qualification awarded	Licensed Psychologist
Name and type of organisation providing education and training	University of Turin, Italy
Level in national or international classification	Approved
Dates	2002-2005
Title of qualification awarded	Developmental Psychology Expert
Name and type of organisation providing education and training	Department of Educational Sciences, University of Turin, Italy

Dates	1994-2001
Title of qualification awarded	Master's Degree in Clinical and Community Psychology
Principal subjects/occupational skills covered	General Psychology, Developmental Psychology, Clinical Psychology, Social Psychology, Community Psychology, Pedagogy, and Statistics.
Name and type of organisation providing education and training	Faculty of Psychology, University of Turin, Italy
Thesis	"The transmission of emotions from fathers to children" (Developmental Psychology)
Level in national or international classification	110/110 cum laude notation

Personal skills and competences

Mother tongue **Italian**

Other languages **First Certificate of English (B2), Cambridge University (June 2018)**

Self-assessment <i>European level (*)</i>	Understanding		Speaking				Writing	
	Listening		Reading		Spoken interaction		Spoken production	
English		B2		B2		B2		B2
Spanish		B1		B1		B1		B1
French		A2		A2		A2		A2

(*) [Common European Framework of Reference for Languages](#)

Technical skills and competences
General Linear Models (ANOVA, ANCOVA, MANOVA, MANCOVA, Regression, T-test, F-test)
Reliability and Factor Analyses
Nonparametric Test (Chi-Square, Binomial, Kolmogorov-Smirnov, Mann-Whitney, and Wilcoxon Tests)
Binary Correspondence Analysis

Content Analysis (Krippendorff, 2004)
Thematic Analysis (Braun & Clarke, 2006)
Consensual qualitative research (Hill, Thompson, & Williams, 1997)
Interpretative Phenomenological Analysis (Smith, Flowers & Williams, 1997)
Grounded Theory (Glaser & Strauss, 1967)
Action Research in Education (McAteer, 2014)

Computer skills and competences
MS Office, MS Teams
SPSS (Social Package for Social Sciences)
Qualitative Research software: Atlas.ti, Aquad, T-Lab.

Annexes
(1) List of teaching activities at university-level institutions
(2) Other academic appointments, scientific collaborations, and affiliations
(3) List of publications

LIST OF TEACHING ACTIVITIES AT UNIVERSITY-LEVEL INSTITUTIONS

- Holder of the course "Developmental and Educational Psychology" in the 1st and 2nd edition of the Master's Program Initial Teacher Education for Lower and Upper Secondary School (Director: Prof. P. Biavaschi), University of Insubria, academic year 2024/25 (12 hours).
- Teaching assignment for the module "Language Development in Adulthood" in the 1st and 2nd edition of the Master's Program DAITAL2 – Teaching Literacy and Italian as a Second Language (Director: Prof. G. Facchetti), University of Insubria, academic years 2024/25 (4 hours), 2025/26 (4 hours).
- Holder of the course "Linguistic Development Across the Life-span" (Developmental Psychology) in the Master's Degree Program in Language and Skills for Teaching and Training at the University of Insubria, academic years 2024/25 (64 hours); 2025/26 (64 hours).
- Lectures on the topic "Developmental and Educational Psychology" within the PhD Program in Law and Human Sciences at the University of Insubria, academic years 2023/24 (8 hours); 2024/25 (4 hours); 2024/25 (4 hours).

5. Holder of the course "Future Orientation in the Psychology Development: From Childhood to Old Age" at the Universitat de València (University of Valencia, Spain), within the framework of the mobility program for faculty members of the University of Insubria, delivered as part of the Bachelor's Degree program in Psychology; academic year 2023/24 (15 hours).
6. Holder of the course "Social Psychology of Communication" in the Master's Degree Program in Sciences and Techniques of Communication at the University of Insubria, academic years 2020/21 (64 hours), 2022/23 (64 hours), 2023/24 (64 hours), 2024/25 (64 hours), 2025/26 (64 hours).
7. Teaching of Developmental Psychology and Communication Psychology in the advanced training courses of the University of Insubria "Childcare Assistant" (Director: Prof. Paola Biavaschi) within the CIM project (Communicating and Interacting with Minors), academic years 2016/17 (8 hours); 2017/18 (8 hours); 2018/19 (2 hours); 2019/2020 (4 hours); 2021/22 (4 hours); 2022/23 (4 hours); 2023/24 (4 hours).
8. Teaching of Gender Psychology in the high-level webinar course of the University of Insubria "Gender Communication in Work and on the Web" (Director: Prof. P. Biavaschi) as part of the CED project (Communication, Education, and Rights), academic year 2020/21 (2 hours).
9. Teaching of Developmental Psychology in the high-level webinar course of the University of Insubria "Preventing and Combating Cyberbullying with Special Reference to Gender Perspectives" (Director: Prof. P. Biavaschi) within the CED project (Communication, Education, and Rights), academic year 2020/21 (4 hours).
10. Teaching of Developmental Psychology and Communication Psychology for the webinar specialization course of the University of Insubria "The Construction of the Multicultural Mind. A New Educational Challenge" (Director: Prof. G. Gaspari), academic year 2019/20 (6 hours).
11. Teaching of Gender Psychology in the high-level webinar course of the University of Insubria "Gender Communication in Work and on the Web" (Director: Prof. P. Biavaschi) within the CED project (Communication, Education, and Rights), academic year 2020/21 (2 hours).
12. Teaching of Developmental Psychology in the high-level webinar course of the University of Insubria "Preventing and Combating Cyberbullying with Special Reference to Gender Perspectives" (Director: Prof. P. Biavaschi) within the CED project (Communication, Education, and Rights), academic year 2020/21 (4 hours).
13. Teaching of Developmental Psychology and Communication Psychology for the webinar specialization course of the University of Insubria "The Construction of the Multicultural Mind. A New Educational Challenge" (Director: Prof. G. Gaspari), academic year 2019/20 (6 hours).
14. Guest teaching on the topic "Myth and Psychoanalysis" within the teachings of Foundations of Law and the Classical World by Prof. P. Biavaschi, Bachelor's degree in Communication Sciences, University of Insubria, academic years 2016/17 (2 hours); 2017/18 (2 hours); 2018/19 (2 hours); 2019/20 (2 hours).
15. Teaching of "References in Psychology and Sociology for the Cultural Mediator" and from the academic year 2020/21 of "Mediation and the Cultural Mediator" for the advanced training course for "Cultural Mediators" at the SSML University Institute of Varese (Higher School for Language Mediators), academic years 2016/17 (4 hours); 2017/18 (4 hours); 2018/19 (2 hours); 2019/20 (8 hours); 2020/21 (36 hours).
16. Teaching of Gender Psychology in the high-level training course of the University of Insubria "Stereotypes at Work: Instructions for Use" (Director: Prof. P. Biavaschi) within the CED project (Communication, Education, and Rights), academic year 2018/19 (3 hours).
17. Guest teaching on the topic "School Psychology," within the course of Dynamic Psychology by Professors V. Di Mattei and R. Bettiga, Bachelor's degree in Psychology at the "Vita e Salute" San Raffaele University of Milan, 11/15/18 (2 hours).
18. Teaching of Gender Psychology in the high-level training course of the University of Insubria "Gender Stereotypes and Language" (Director: Prof. P. Biavaschi) within the CED project (Communication, Education, and Rights), academic year 2017/18 (3 hours).
19. Teaching of Developmental Psychology in the high-level training course of the University of Insubria "Coordination and Management of Educational Structures for Preschool Age" (Director: Prof. P. Biavaschi) within the CIM project (Communicate and Interact with Minors), academic years 2016/17 (8 hours); 2017/18 (8 hours).
20. Guest teaching on the topic "Socio-affective Education in School," within the course of Community Psychology held by Prof. A. Zatti, Bachelor's degrees in Psychology and Educational Sciences at the University of Bergamo, 03/08/18 (2 hours).
21. Guest teaching on the topic "Autobiographical Memory and Narration," within the course of Linguistics held by Prof. G. Facchetti, Bachelor's degree in Communication Sciences, University of Insubria, academic year 2016/17 (3 hours).
22. Teaching of Developmental Psychology in the training courses of the University of Insubria (Director: Prof. P. Biavaschi) for the academic year 2016/17: a) "Communication, Disability, and Disadvantage" (8 hours); b) "Laboratory Activities in Educational Contexts" (8 hours) within the CIM project (Communicating and Interacting with Minors).
23. Holder of the teaching activity "Laboratory of Psychology and Pedagogy of Communication" for students of the Bachelor's degree in Communication Sciences and Master's degree in Sciences and Techniques of Communication at the University of Insubria, academic year 2016/17 (32 hours).
24. Holder of the teaching activity "The Needs and Doubts of Parents with Preschool Children" within the course of Psychodynamics of Development and Family Relations held by Prof. D. Scarzello, University of Turin, academic year 2004/05 (16 hours).
25. Holder of the teaching activity "Creativity, Mental Images, and Memory in Developmental Age" within the course of Developmental Psychology held by Prof. T. Giani Gallino, University of Turin, academic year 2003/04 (16 hours).
26. Guest lectures on Developmental Psychology within the courses of Developmental Psychology and Lifespan Developmental Psychology (Prof. T. Giani Gallino), and Psychodynamics of Development and Family Relations (Prof. D. Scarzello), University of Turin, academic years 2003/04 (16 hours) and 2004/05 (16 hours).

OTHER ACADEMIC APPOINTMENTS, SCIENTIFIC COLLABORATIONS, AND AFFILIATIONS

1. Topic Editor of the scientific journal *Frontiers in Education* (Scopus, CiteScore 2025: Q1), titled "Future Orientation in Education: A Life-Span Developmental Perspective", February-Novembre 2026.
2. Guest Editor for the Special Issue of the scientific journal *Behavioral Sciences* (Scopus CiteScore 2025: Q1), titled "Digital Lives, Developing Minds: Adolescents, Technology, and Mental Health", January-November 2026.
3. Guest Editor for the Special Issue of the scientific journal *Children* (Scopus CiteScore 2025: Q1), titled "Advances in Adolescent Mental Health: Early Prevention and Intervention", June 2025-August 2026.
4. Editor for the scientific journal *International Journal of Education and Practice* (Scopus, CiteScore 2025: Q3), from 06/12/2025.
5. Scientific Director and Member of the Scientific and Editorial Board of the academic book series "Psicologia, Sviluppo ed Educazione" [Psychology, Development, and Education] published by Mimesis (Milan-Udine).
6. Member of the Scientific Committee and co-organizer, together with Prof. Paolo Nitti, of the conference "Connected and Protected? Intersections Between Cyberbullying, Hate Speech, and Gender Issues," organized by the University of Insubria in collaboration with the Regional School Office for Lombardy – Varese, the Smartphone License Group, and GISCEL (Intervention and Study Group in the Field of Language Education), Varese, March 19, 2025.
7. Responsible, as an affiliate of the Research Center on Linguistic and Cultural Phenomena (CRiFLi) of the University of Insubria, for a scientific research in collaboration with the SUPSI University (University of Applied Sciences and Arts of Southern Switzerland, contact Prof. Mauro Croce) on the relationship between preadolescents and smartphones, within the "Smartphone License" project, funded in 2023 by the Volunteer Association "Contorno Viola" (Verbania, Italy).
8. External consultant for the interdisciplinary study and research group "Smartphone License" (since 2023).
9. Affiliate member of the Italian Society of Positive Psychology (since 2021).
10. Peer reviewer for the international scientific journals "International Journal of Environmental and Public Health", "Behavioral Sciences", "SageOpen", "Educational Research for Policy and Practice", "Sustainability", "Healthcare", "Education Sciences", "Journal of Applied Developmental Psychology", "Psychiatry International", "Children", "Pediatric Reports", "Journal of Adolescence". Total reviews completed and verified on Web of Science (WOS): 44 (as of November 3, 2025).
11. Member of the national scientific research group, coordinated by Prof. Claudio Longobardi (full professor of Developmental Psychology at the University of Turin), for research and publications in the field of developmental psychology (since 2020).
12. Member of the national scientific research group, coordinated by Prof. Alessandra Vicentini (associate professor and scientific director of the Research Center on Linguistic and Cultural Phenomena of University of Insubria), for research and interdisciplinary publications in the field of Developmental and Educational Psychology (since 2016).
13. Consultant for the "Orientation Commission" chaired by Prof. Michela Prest of the University of Insubria for a research on the motivations behind early university student dropouts (academic year 2019/20).
14. Member of the Reviewer Board of the international scientific journal "Brain Sciences" (MDPI) since 2019.
15. Chair of the session "Adolescent Adjustment in Context" at the 19th European Conference on Developmental Psychology of the European Association of Developmental Psychology (EADP), Athens, August 29-September 1, 2019.
16. Affiliate member of the Italian Association of Psychology (AIP), Developmental and Educational Psychology Section (since 2019).
17. Responsible, as an affiliate of the Research Center on Linguistic and Cultural Phenomena (CRiFLi) of the University of Insubria, for a scientific research on the relationship between adolescents and gambling, within the "Game Over #insertinfo" project financed in 2018 by the Lombardy Region and led by the Municipality of Busto Arsizio.
18. Co-founder in 2016 with Prof. Paola Biavaschi of the university advanced training courses of the CIM (Communicating and Interacting with Minors) and CED (Communication, Education, and Rights) projects of the University of Insubria.

LIST OF PUBLICATIONS

◆ Authored peer reviewed books

1. Bozzato P. (2025). *Psicologia dell'orientamento al futuro. Una prospettiva evolutiva tra infanzia, adolescenza ed età adulta* [Psychology of Future Orientation: A Developmental Perspective across Childhood, Adolescence, and Adulthood]. Mimesis.
2. Bozzato P., & Segrada H. (2017). *La pratica psicopedagogica. Dalle teorie all'intervento educativo*, Quaderni di Expressio [Psychopedagogical Practice: From Theories to Educational Intervention. Quaderni di Expressio Book Series]. Milano-Udine: Mimesis.
3. Bozzato P. (2017). *A scuola con la mente e il cuore. Educazione socio-affettiva in preadolescenza*. Collana di Psicologia [At School with Mind and Heart: Socio-Emotional Education in Preadolescence. Psychology Book Series]. Pietro Macchione.

◆ Edited peer reviewed book

1. Biavaschi P., Bozzato P., & Nitti P., a cura. (2020). *Infirmitas sexus. Ricerche sugli stereotipi di genere in prospettiva multidisciplinare*. [Infirmitas Sexus. Research on Gender Stereotypes from a Multidisciplinary Perspective]. Mimesis.

◆ Authored peer reviewed book chapters

1. Bozzato P. (2025). Voci (n. 9): "Ambiente", "Comunicazione gentile", "Bisessualità", "Lesbismo", "Microaggressione di Genere", "Omossessualità", "Transgender", "Pansessualità", "Psicologia di genere". *Vocabolario degli studi di genere*. [Entries (No. 9):

- "Environment," "Kind Communication," "Bisexuality," "Lesbianism," "Gender Microaggression," "Homosexuality," "Transgender," "Pansexuality," "Gender Psychology." In *Vocabulary of Gender Studies*, ed. P. Nitti. Franco Casati Editore.
2. Bozzato P., Croce M. (2025). Efficacia del progetto Patente di smartphone e ipotesi di sviluppo. In *La patente di smartphone. Proposte e strumenti per il benessere digitale in adolescenza*. [Effectiveness of the "Smartphone License" Project and Development Hypotheses. In *The "Smartphone License": Proposals and Tools for Digital Well-Being in Adolescence*], eds. M. Croce e F. Paracchini. Franco Angeli.
 3. Bozzato P. (2022). Comunicazione autentica. In *Manuale delle tecniche psicologiche*, [Authentic Communication. In *Handbook of Psychological Techniques*], eds. B. Paoli e E. Parpagione. Giunti.
 4. Lin S., Longobardi C., & Bozzato P. (2022). *The Impact of Academic Self-Efficacy on Academic Motivation: The Mediating and Moderating Role of Future Orientation Among Italian Undergraduate Students*. In *Academic Self-efficacy in Education. Nature, Assessment, and Research*, eds. M.S. Khine e T. Nielsen, Singapore: Springer.
 5. Bozzato P. (2020). Come penso sarà il mio futuro da adulto? Orientamento al futuro e stereotipi di genere nei bambini e nei preadolescenti. [How Do I Imagine My Future as an Adult? Future Orientation and Gender Stereotypes in Children and Preadolescents]. In *Infirmas sexus. Ricerche sugli stereotipi di genere in prospettiva multidisciplinare* [Infirmas Sexus. Research on Gender Stereotypes from a Multidisciplinary Perspective], eds. P. Biabaschi, P. Bozzato, P. Nitti, Milano-Udine: Mimesis.
 6. Giromini M., & Bozzato P. (2020). I sogni di bambine e bambini sul loro futuro professionale [Children's dreams about their future career]. In *Infirmas sexus. Ricerche sugli stereotipi di genere in prospettiva multidisciplinare* [Infirmas Sexus. Research on Gender Stereotypes from a Multidisciplinary Perspective], eds. P. Biabaschi, P. Bozzato, P. Nitti, Milano-Udine: Mimesis.

◆ Authored articles on international peer-reviewed journals

1. Bozzato, P., Leanza, N., & Croce, M. (2026). From beliefs to behaviors: parental correlates of mobile device use among children. *Cultural-Historical Psychology*, 22(2), 23-33. (Scopus, CiteScore 2025: Q1, citazioni: 0).
2. Bozzato, P., Zaheer, U. A., Longobardi, C., & Mastrokouskou, S. (2026). The Classroom Ripple Effect: Social and Academic Pathways Linking Student-Teacher Conflict to Mental Health Problems. *School Psychology International*, 47(3), 298-325. (Scopus, CiteScore 2025: Q1, citazioni: 0).
3. Bozzato, P., Leanza, N., & Croce, M. (2026). Parents' Perceptions of Children's Use of Apps on Mobile Devices and Development in Primary School-Aged Children. *Education Sciences*, 16, section Developmental Psychology, Article n. 191. (Scopus, CiteScore 2024: Q1, citazioni: 0).
4. Bozzato P., Corradi E., Crudo M., Pelizzoni I. (2025). The Perception of Educational Barriers, Their Sociodemographic Correlates, and Their Relationship with Future Orientation in Italian Adolescents. *Education Sciences*, 15(9), Article n. 1208.
5. Zaheer, U. A., Mastrokouskou, S., Longobardi, C., & Bozzato, P. (2025). Parent Attachment and Video Gaming Addiction: The Serial Mediation Role of Social Support and Maladaptive Daydreaming. *European Journal of Investigation in Health Psychology and Education*, 15(4), Article 60.
6. Bozzato P., Croce M., & Leanza N. (2024). Preventing problematic smartphone use: effectiveness evaluation of the Smartphone License Program for Italian adolescents. *Journal of Psychological & Educational Research*, 32(2), 34-51.
7. Mastrokouskou, S., Lin, S., Longobardi, C., Berchiatti, M., & Bozzato, P. (2024). Resilience and psychological distress in the transition to university: the mediating role of emotion regulation. *Current Psychology*, 1-11.
8. Bozzato, P., & Longobardi, C. (2024). School climate and connectedness predict problematic smartphone and social media use in Italian adolescents. *International Journal of School & Educational Psychology*, 1-13.
9. Bozzato, P. (2024). The Future Orientation of Italian Adolescents in Post-Pandemic Times: Associations with Self-Efficacy and Perceived Academic Achievement. *Education Sciences*, 14(2), articolo n. 170.
10. Lin, S., Mastrokouskou, S., Longobardi, C., & Bozzato, P. (2024). The influence of resilience and future orientation on academic achievement during the transition to high school: the mediating role of social support. *International Journal of Adolescence and Youth*, 29(1), Article 2312863.
11. Lin S., Mastrokouskou S., Longobardi C., Bozzato P., Gastaldi F.G.M., & Berchiatti M. (2023). Students' transition into higher education: The role of self-efficacy, regulation strategies, and academic achievements. *Higher Education Quarterly*, 00, 1-17.
12. Longobardi C., Bozzato P., Fabris M.A. (2022). The representation of male and female gender role development in children's drawings: an examination of 20 years of changes in Italian culture and society. *Journal of Psychological and Educational Research*, 30(2), 20-32.
13. Bozzato, P., Fabris M.F. & Longobardi C. (2021). Gender, stereotypes and grade level in the draw-a-scientist test in Italian schoolchildren, *International Journal of Science Education*, 43(16), 2640-2662.
14. Bozzato, P. & Longobardi C. (2021). The transition to university in a sample of Italian students: the role of integrative memories of high school transition, *Memory*, 1-12.
15. Bozzato P., & Longobardi C. (2021). "A cross-cultural evaluation of children's drawings of gender role stereotypes in Italian and Cambodian students", *Journal of Psychological and Educational Research*, 29(1), 97-115.
16. Bozzato P. (2020). "The relationship between children's aspiration profiles and self-efficacy, life satisfaction, and academic achievement", *Social Sciences*, 9(5), 77.
17. Bozzato P., Longobardi C., & Fabris M.A. (2020). "Problematic Gambling Behavior in Adolescents: Prevalence and its Relation to Social, Self-Regulatory, and Academic Self-Efficacy", *International Journal of Adolescence and Youth*, 25(1), p. 907-919.
18. Bozzato P. (2017). "Personal memories and imagery. A study of autobiographical memory through drawing", *Proceedings*, 1(9), 876.

◆ Authored articles on national peer-reviewed journals

1. Corradi E., & Bozzato P. (2025). Condivisione non consensuale di materiali intimi: le ripercussioni sulla salute mentale delle vittime. *Expressio. Rivista di letteratura, linguistica e comunicazione*, 9, 137-150.
2. Bozzato P. (2022). "Creatività e pensiero divergente: Gianni Rodari e la psicologia dello sviluppo", *La grammatica di Rodari, fuori e dentro le regole*, *Territori* 2022, p. 171-181.
3. Bozzato P. (2019). "Il legame emotivo con lo strumento musicale. Una ricerca con adolescenti allievi di scuole di musica", *De Musica. Annuario a cura del Seminario di Filosofia della Musica dell'Università degli Studi di Milano*, XXIII (1), p. 5-24.
4. Bozzato P. (2018). "La comunicazione dei ruoli di genere attraverso il disegno. Una ricerca con bambini cambogiani e italiani", *Expressio. Rivista di letteratura, linguistica e comunicazione*, 2, 205-223.
5. Bozzato P., & Segrada H. (2017). "Comunicare con la musica. Una ricerca sull'insegnamento musicale", *Expressio. Rivista di letteratura, linguistica e comunicazione*, Milano, Mimesis, 1, p. 173-195.

◆ Authored articles on national journals after acceptance by Scientific Committee

1. Bozzato P., & Campini C. (2007). "Dalla parte dei padri: Identità e ruolo dei padri oggi", *Bambini*, Bergamo: Junior, 3, p. 64-69.
2. Bozzato P., & Campini C. (2007). "La Qualità come processo: Strategie per garantirne evoluzione e continuità", *Bambini*, Bergamo: Junior, 2, p. 34-39.
3. Bozzato P., & Campini C. (2006). "Ritratti di famiglia: Memoria e narrazione nelle relazioni familiari", *Bambini*, Bergamo: Junior, 3, p. 32-37.
4. Bozzato P., & Campini C. (2005). "A casa lo fa mamma o papà? L'influenza degli stereotipi di genere sull'identità sessuale dei bambini", *Bambini*, Bergamo: Junior, 6, p. 40-45.
5. Bozzato P., & Campini C. (2005). "La spirale del consumismo", *Bambini*, Bergamo: Junior, 4, p. 37-41.
6. Bozzato P., & Campini C. (2005). "Bambini a tavola. Ma mangiare è davvero un piacere?", *Bambini*, Bergamo: Junior, 2, p. 30-35.
7. Bozzato P., & Campini C. (2005). "Piccoli grandi distacchi, piccole grandi crescite", *Bambini*, Bergamo: Junior, 1, p. 36-40.

◆ Prefaces and Postfaces of other authors' publications

1. Bozzato P. (2020). Preface to the volume by Sabrina Dente "Il bambino pianista", Varese: Pietro Macchione.
2. Bozzato P. (2019). Preface to the volume by Haidi Segrada "Con il vento nel cuore. La forza della scrittura creativa unita all'arte dell'espressione visiva". Varese Pietro Macchione.
3. Bozzato P. (2016). Afterword of the volume by Haidi Segrada "ACA. Ascolto, Comunicazione e Azione". Milano: Carabà.

◆ Papers edited by the Municipality of Turin

1. Bozzato P. (2004). *La Qualità nei Servizi Educativi: riferimenti teorici*, Torino: Città di Torino.
2. Bozzato P., a cura (2004). *Gli indicatori di Qualità per i Nidi d'Infanzia della Città di Torino*, Torino: Città di Torino.
3. Bozzato P., a cura (2004). *Orientamenti per la qualità della relazione con le famiglie*, Torino: Città di Torino.

◆ Conferences, oral presentations, and posters

- 1.
2. Nitti P., & Bozzato P. (2025). "Courtesy and Discourtesy: Linguistic and Psychological Dynamics". *Conference Relationships: Instructions for Use. Building Awareness to Grow Through Relationships*, University of Insubria, Varese, 25th November 2025.
3. Bozzato P. (2025). "The Invisible Seed of Violence: Teaching Empathy from Early Childhood", Conference On Set, Against Violence: Education and Prevention in Schools Through Participatory Filmmaking", University of Insubria, Varese, 24th November 2025.
4. Bozzato P. (2025). "Dreaming, Planning, Researching: Exploring the Future Through Psychology. Conference "From School to University: Guidance and Introduction to Academic Research", University of Insubria, Varese, 18th November 2025.
5. Bozzato P., Corradi E., & Crudo M. (2025). "Perceived Educational Barriers and Future Orientation in Adolescents". Poster presented at the 37th National Congress of the Italian Psychology Association (AIP) – Section of Developmental and Educational Psychology, University of Udine, 15th-17th September 2025.
6. Bozzato P. (2025). "Words That Protect: The Power of Communication in Preventing Youth Addictions" oral presentation at the Conference "Weaving the Network: Preventive and Integrated Approaches Against Youth Addictions," organized by the Prefecture of Varese, Varese, 17th June.
7. Bozzato P. (2025). "Future Orientation in Young Adults: The Role of Texts Generated Through Artificial Intelligence." International Conference of the Canadian Association of Italian Studies, University of Bologna, 6th-11th June.
8. Bozzato P., Corradi E. (2025). "Second Language Learning and Developmental Psychology: A Comparison Between Past and Present." Presentation at the International Inter-Associative Conference on the History of Language Teaching "Looking to the Past to Understand the Present", University of Insubria, Como, 5th-7th June.
9. Bozzato, P. (2025). "A Scientific Study to Assess the Effectiveness of the "Smartphone License" Project". Oral presentation at the Conference "Connected and Protected? Intersections Between Cyberbullying, Hate Speech, and Gender Issues," University of Insubria, Varese, March 19, 2025.
10. Bozzato P. (2024). "Adolescents' Future Orientation: The Link with Self-Efficacy and Perceived Academic Achievement". Poster presented at the 36th National Congress of the Italian Psychology Association (AIP) – Section of Developmental and Educational Psychology, University of Cagliari, 19th-21th September 2024.

11. Bozzato, P. (2024). "Adolescents' Future Orientation in the Post-COVID-19 Era: The Role of School-Based Positive Psychology Projects" oral presentation at the "National Days of Positive Psychology" 16th Edition, organized by the Italian Society of Positive Psychology at LUMSA University, Rome, June 14–15, 2024
12. Bozzato P. (2023). "*The relationship between problematic social media use in adolescence and school climate, sense of school connectedness, and school engagement*". Poster presented at the 35th National Congress of Italian Psychology Association (AIP) – Section of Developmental and Educational Psychology, University of Foggia, Italy, 25th-27th September 2023.
13. Bozzato P., & Corradi E. (2023). "*The relationship between school atmosphere, school connectedness, affective school engagement, and adolescents' smartphone and social media problematic use*". Oral presentation at the 44th Conference of the International School Psychology Association (ISPA), University of Bologna, Italy, 9th-8th July 2023.
14. Bozzato P. (2023). "*The Psychological Trap of Social Media for Adolescents*". Oral presentation at the annual webinar conference of the Italian Association ACA-Educazione in Rete, 21st January 2023.
15. Bozzato P. (2022). The impact of resilience and future orientation on academic achievement. The mediating role of social support. In *An open space to discuss the relationship between inclusion and online learning. Book of abstract, Turin, November 9-11 2021, Università degli Studi di Torino*.
16. Bozzato P. (2022). "*The Role as a Compass for Educational Action*". Oral presentation at the annual conference of the Italian Association ACA-Educazione in Rete, 22th January 2022.
17. Bozzato P. (2021). "*Emotional Intelligence: The Pillar of Resilience*". Oral presentation at the conference "Emotion Regulation in Adolescence", University of Insubria, Varese, Italy, 18th November 2021.
18. Bozzato P. (2021). "*The Transition to University: The Role of Integrative Memories of the Transition to Upper Secondary School*", Poster presented at the 33rd National Conference of the Italian Association of Psychology (AIP) – Section Developmental and Educational Psychology, Bari University, Italy, 20-23th September 2021.
19. Bozzato P. (2021). "*Relationships between future orientation, resilience, and academic achievement in Italian adolescents: the mediating role of social support*". Oral presentation at the webinar conference EADP Summer Tour September 2021 Societal Challenges, held by the European Association of Developmental Psychology (EADP), 3rd September 2021.
20. Bozzato P. (2021). "*La mediazione dell'orientamento al futuro nella relazione tra autoefficacia e motivazione allo studio in un campione di studenti universitari*". Oral presentation at the webinar conference "3th National Positive Psychology Days: Growing Potential—Models and Practices in Positive Psychology", held by the Italian Society of Positive Psychology, Pavia University, Italy, 11-12th June 2021.
21. Bozzato P., & Parolisi L. (2021). "*TikTok: social network o psychological trap?*". Oral presentation at the webinar conference "Cyberbullying: a viral phenomenon?", University of Insubria, Italy, 6th February 2021.
22. Bozzato P. (2020). "*Divergent Thinking and Psychological Development: The Legacy of Gianni Rodari*". Oral presentation at the webinar conference "Rodari's Grammar: Within and Beyond the Rules", University of Insubria in collaboration with the Municipality of Varese, 24th October 2020.
23. Bozzato P., & Maschiocchi V. (2020). "*Microaggression experiences of adolescents with learning disabilities at school*". Poster presented at the 17th International Conference of the European Association of Research on Adolescence (EARA), Web Congress, 2-5th September 2020.
24. Bozzato P. (2020). "*Cyberbullying: psychological aspects*". Oral presentation at the cultural conference on opposition to cyberbullying, University of Insubria, Italy, 17th January 2020.
25. Bozzato P. (2019). "What Do I Think My Future Will Be Like? Future Orientation and Narratives". Poster presented at the 32th National Conference of the Italian Association of Psychology (AIP) – Section Developmental and Educational Psychology, Naples University "Federico 2nd", Italy, 23-25th September 2019.
26. Bozzato P. (2019). "*Adolescent gambling: testing the association between self-efficacy beliefs and gambling behavior on a sample of Italian students*". Oral presentation at the 19th European Conference on Developmental Psychology of the European Association of Developmental Psychology (EADP), Athens, Greece, 29 August – 1st September 2019.
27. Bozzato P. (2019). "*Adolescent gambling and school performance. A qualitative study*". Oral presentation at the 41st Conference of the International School Psychology Association (ISPA), University of Basel, Switzerland, 9-12th July 2019.
28. Bozzato P. (2019). "*What Will I Do When I Grow Up? A Study with Children and Adolescents from the Varese Area*". Oral presentation at the conference "Stereotypes in the Workplace: A Comparison of Different Phenomena", University of Insubria, Varese, Italy, 11th April 2019.
29. Bozzato P. (2018). "*Traditional and Online Gambling among Adolescents: A Study in the Busto Arsizio Area*". Oral presentation at the conference "Game Over #insertinfo. Young People and Gambling: From Research to Prevention", Busto Arsizio, Italy, 5th June 2018.
30. Bozzato P. (2018). "Gender Stereotypes in Children: A Study Using Drawings". Oral presentation at the Conference "Gender Stereotypes in Education and the Mass Media", University of Insubria, Varese, Italy, 23rd March 2018.
31. Bozzato P. (2017). "*Musical Instruments and Self-Development: A Study with Young Music School Students*". Oral presentation at the conference "Communicating Through Music: Possible Worlds", University of Insubria, Varese, Italy, 29th September 2017.
32. Bozzato P. (2016). "*Communication as an Aspect of Caring for Children and Adolescents*". Oral presentation at the conference COMMUNI-CARE: Caring for Children and Adolescents Through Communication", University of Insubria, Varese, Italy, 20th May 2016.
33. Bozzato P. (2012). "*Effective communication at school*". Oral presentation at the Conference "Communication, Languages, and Relationships Today: What Answers for Tomorrow?", Soazza GR, Switzerland, 1st December 2012.
34. Bozzato P. (2011). "*The Strength of Diversity: A Project to Promote Adolescent Resilience at School*". Oral presentation at the Conference "Promoting Resilience in Individuals, Groups, and Communities Through the Person-Centred Approach", Genoa, Italy, 18-19th June 2011.

35. Bozzato P. (2009). "Parents' Needs and Expectations Regarding Educational Services for Children Aged 0–3". Oral presentation at the meeting "The Arcobaleno Nursery School Celebrates Its 30th Anniversary", Tortona (AL), Italy, 14th November 2009.
36. Bozzato P. (2006). "Methods, Technical and Cultural Frameworks, and the Development Process of Quality Assessment Tools". Oral presentation at the conference "What Kinds of Quality in Educational Services?", Turin, 23rd January 2006.
37. Bozzato P., & Giani Gallino T. (2005). "*Changes in the Father–Child Relationship Assessed Through Retrospective Recall*". Oral presentation at the 19° National Conference of the Italian Association of Psychology (AIP) - Section of Developmental Psychology and Education, Cagliari University, Italy, 19-23th September 2005.
38. Giani Gallino T., & Bozzato P. (2004). "*Autobiographical Memory in Adults and the Family Life Cycle*". Oral presentation at the 19° National Conference of the Italian Association of Psychology (AIP) - Section of Developmental Psychology and Education, Saccia (AG), Italy, 20-24th September 2004.
39. Giani Gallino T., & Bozzato P. (2003). Flashbulb Memories of the Twin Towers: Patterns of Recall in a Sample of Adolescents 3, 9, and 12 Months After the Collapse". Oral presentation at the meeting "Cognitive Development aspects", Padua University, 23-24th January 2003.
40. Bozzato P., Parola A., & Giani Gallino T. (2002). "*The Social Contagion of Emotions Within the Family*". Oral Presentation at the 1° National Conference of Community Psychology, University of Turin, 1st-2nd March 2002.