

General information

Address Department of Economics (DiECO),
University of Insubria,
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Date of birth September 25, 1994

Place of birth Distretto di Berat (EE), Albania

Nationality Albanian

Citizenship Italian

Gender Female

Research interests

Commuting and Travel behaviour; Composite index; Education; Equity and accessibility; Multidimensional well-being; Tourism.

Present positions

September 2026 – today

Assistant Professor in Applied Economic (RTT) at the Department of Economics – DiECO
University of Insubria, Varese, Italy.

April 2025 – today

RUS member of the Mobility Working Group - Subgroup SG3 representing the University of Insubria.

March 2025 – today

Associate Editor for the journal of *Rivista di Economia e Politica dei Trasporti (REPoT)*.

December 2023 – today

Teaching expert (cultore della materia) in Macroeconomics at the Department of Economics
University of Insubria, Varese, Italy.

Past positions

December 2024 – August 2026

Assistant Professor in Economic Statistics (RTD-A) at the Department of Economics – DSE
University of Bergamo, Bergamo, Italy.

February 2026

Lecture of the course “Processing and visualisation of tourism data - ENG” (12 hours) at the Department of Geography, Faculty of Mathematics and Natural Sciences – University of Prishtina, Kosovo.

June 2025 – October 2025

Scientific Research Analyst at the Department of Economics and Business Studies (DISEI), University of Piemonte Orientale, Novara, Italy

Project: *Inequalities Research* (Cariplo Foundation, ID: 2022-1548)

Scientific Coordinator: Prof. Francesco Figari

May 2024 – November 2024

Post-Doc Research Associate at the Department of Economics and Business Studies - DISEI University of Piemonte Orientale, Novara, Italy.

Research topic: *The impact of schools in reducing educational inequalities.*

Funding: Cariplo Foundation, ID: 2022-1548. Total grant: 187,200€

P.I. Prof. Francesco Figari and Tutor: Prof. Giorgia Casalone.

Cod. SSD: ECON-03/A Scienza delle Finanze - ECON-02/A Politica Economica

1st of May 2023 30th of April 2024

Research Associate at the Department of Sociology and Social Research University of Milano Bicocca, Milan, Italy.

Research topic: *Social investment policies for labour market inclusion: Milan and Amsterdam compared.*

Funding: Cariplo Foundation, ID: 2022-1301; 01/05/2023 - 30/04/2024; Total grant: 197,000€.

P.I.: Prof. Gemma Scalise.

Cod. SSD: GSPS-08/A Sociologia dei processi economici e del lavoro

Past appointments

2024: Data curation and harmonization of INVALSI microdata. Main activities: historical series reconstruction, dataset cleaning and merging, and final construction of harmonized datasets (2020/21–2022/23) based on shared variables. Additional tasks included local data collection design through questionnaires within the MultiLocal (Multi dimensional inequality and optimisation) project, aimed at integrating national datasets with local-level information from the province of Novara.

2022: Data collection and curation from different source (e.g., EU-SILC, EU-LFS, ILO, StatLine-CBS, Istat). Main activities: data collections and curation, developing of a composite indicator, and analysis of economic statistics at the Department of Sociology and Social Research – University of Milano Bicocca, Milan, Italy.

2021: Data curation and cleaning of University Mobility Survey - Rete delle Università per lo Sviluppo Sostenibile, RUS. Main activities: data cleaning and harmonization of National dataset of the University Mobility Survey (about 114,000 observations).

2020: Data curation and harmonization of Italian panel data (2002 – 2018) at a provincial level (NUTS 3) at the Department of Economics Management and Statistics – University of Milano Bicocca, Milan, Italy. Scientific Coordinator: Prof. Alessandra Michelangeli (Call 20CE248).

Teaching experience

2025 – 2026

- **Lecture of the course “Statistics for Accounting - ENG”** (36 hours) at the Department of Management - University of Bergamo, Bergamo, Italy.
- **Lecture of the course “Statistica Aziendale Avanzata - ITA”** (16 hours) at the Department of Management - University of Bergamo, Bergamo, Italy.
- **Lecture of the course “CSR for Management and Marketing - ENG”** (8 hours) at the Department of Management - University of Bergamo, Bergamo, Italy.
- **Lecture of the course “Transport Decision Making and Sustainability – ENG” - *PhD in Methods and Models for Economic Decisions*** (3 hours) at the Department of Economics - University of Insubria, Varese, Italy.
- **Lecture of the course “Processing and visualisation of tourism data - ENG”** (12 hours) at the Department of Geography, Faculty of Mathematics and Natural Sciences – University of Prishtina, Kosovo.
- **Tutoring and teaching assistance of the course “Statistics - ITA”** (18 hours) at the Department of Economics - University of Insubria, Varese, Italy.

2024 – 2025

- **Lecture of the course “Statistics for Accounting - ENG”** (36 hours) at the Department of Management - University of Bergamo, Bergamo, Italy.
- **Lecture of the course “Statistica Aziendale Avanzata - ITA”** (16 hours) at the Department of Management - University of Bergamo, Bergamo, Italy.
- **Lecture of the course “CSR for Management and Marketing - ENG”** (8 hours) at the Department of Management - University of Bergamo, Bergamo, Italy.
- **Tutoring and teaching assistance of the course “Text Mining and Sentiment Analysis - ENG”** (12 hours) at the Department of Economics - University of Bergamo, Bergamo, Italy.
- **Tutoring and teaching assistance of the course “Statistics - ITA”** (36 hours) at the Department of Economics - University of Insubria, Varese, Italy.

2023 – 2024

- **Teaching assistant in Microeconomics - ITA** (18 hours) at the Department of Economics University of Insubria, Varese, Italy
- **Teaching assistant in Macroeconomics – ITA** (18 hours) at the Department of Economics University of Insubria, Varese, Italy

2022 – 2023

- **Lecture of the course “Transport Economics & Innovation – ENG” - *PhD in Methods and Models for Economic Decisions*** (3 hours) at the Department of Economics - University of Insubria, Varese, Italy.
- **Tutoring and teaching assistance in Political Economy – ITA** (100 hours) at the Department of Law, Economics and Cultures - University of Insubria, Como, Italy.
- **Tutoring and teaching assistance in action K – ITA** (80 hours) at the Department of Economics - University of Insubria, Como and Varese, Italy.
- **Tutoring and teaching assistance in Business Management – ITA** (60 hours) at the Department of Economics - University of Insubria, Varese, Italy.
- **Tutoring and teaching assistance in Mathematics and Statistics – ITA** (50 hours) at the Department of Economics - University of Insubria, Varese, Italy.
- **Tutoring and teaching assistance in Economics – ITA** (40 hours) at the Department of Economics - University of Insubria, Varese, Italy.

2021 – 2022

- **Tutoring and teaching assistance in Mathematics and Statistics – ITA** (60 hours) at the Department of Economics - University of Insubria, Varese, Italy.
- **Tutoring and teaching assistance in Economics – ITA** (20 hours) at the Department of Economics - University of Insubria, Varese, Italy.

2020 – 2021

- **Tutoring activities in Mathematics and Statistics – ITA** (25 hours) at the Department of Economics - University of Insubria, Varese, Italy.
- **Tutoring activities in Mathematics – ITA** (20 hours) at the Department of Economics - University of Insubria, Varese, Italy.

Education

2020 – 2024: PhD in Methods and Models for Economic Decisions – Cycle XXXVI

Department of Economics – University of Insubria, Varese, Italy.

Thesis: *Investigating Accessibility to Higher Education: Empirical Essays on Scholarships Eligibility and Commuting Behaviour*

Supervisor: Prof. Chiara Gigliarano and Prof. Elena Maggi.

Passed final examination on April 11, 2024, with excellent rating (Italian grade: Ottimo)

2022 – 2023: PhD Visiting period (six months)

Centre for Transport & Society - University of the West of England, Bristol, UK.

Advisor: Prof. Kiron Chatterjee, Dr. Ben Clark.

2017 – 2020: M.Sc. in Statistical and Economic Sciences (LM 82 Statistical Science)

Department of Economics Management and Statistics (DEMS) - University of Milano Bicocca, Milan, Italy.

Thesis: *Assessing Edison's investment Choices with the Real Option Method*.

Supervisor: Prof. Alessandra Michelangeli;

Co-supervisor: Dr. Murad Harasheh.

2019: Erasmus Traineeship (two months)

ESSEC Business School – Paris.

Advisor: Prof. Jocelyn Martel.

2014 – 2017: B.Sc. in Finance, Insurance and Enterprise (L 41 Statistics)

Department of Statistics, Economics and Management - University of Bologna.

Thesis: *Individual savings plans offered by Mediolanum and Intesa SanPaolo*.

Supervisor: Prof. Claudio Travaglini.

Course and Summer School

- Summer School: course “Panel Data Econometrics: Theory and Applications” - Società Italiana di Econometria (SIde) in Bertinoro, Italy (2024)
- Advanced course and laboratory of analysis in Public Policy Evaluation at the Department of Economics, Management and Business Law – University of Bari “Aldo Moro”, Bari, Italy. (2022)

Languages & IT Skills

Albanian and Italian – Native; English – Fluent; French - Elementary.

Professional knowledge of STATA, MS Office (Excel, Word, Power Point).

Academic use of statistical software: R studio, SAS Studio, Gretl, SPSS, E-views, Matlab, LaTeX, WordPress.

Awards and participation in funded projects

20th September 2024 SIET Conference **Best Doctoral Thesis Award**. Title: *Investigating Accessibility to Higher Education: Empirical Essays on Scholarships Eligibility and Commuting Behaviour*

2nd May 2024 – 30th April 2025, Cariplo Foundation: *The impact of schools in reducing educational inequalities*. **Cariplo Project ID: 2022-1548**

2024 Selected as candidate for the **SIE (Società Italiana di Economia) Prize for the best PhD theses** in the field of economics (XXIV Edition)

1st May 2023 – 30th April 2024, Cariplo Foundation: CITILab Project (*Compound inequalities and labour market outsiders. The social investment policy agenda to empower the long-term unemployed, disabled people and working women*). **Cariplo Project ID: 2022-1301**

9th September 2022 SIET Conference **Best Paper Award**. Title: *Promoting commute active modes during the Covid-19 pandemic. What is the role of multimodal travel mode choices?*

Publications and working papers

Class A journals (ANVUR rating, area 13)

- Casalone, G., Michelangeli, A. & Myftiu, J. (2026). Leaving Home for University or Commuting? The Impact of Relocation Scholarships on Academic Progression. *Ital Econ J.* <https://doi.org/10.1007/s40797-026-00389-y>
- Myftiu, J., & Scalise, G. (2025). *Unveiling subnational social investment: A composite indicators approach*. *Regional Studies*, 59(1), Article 2527306. <https://doi.org/10.1080/00343404.2025.2527306>
- Myftiu, J., Gigliarano, C., Maggi, E., Scagni, A. (2024). *University Commuting During the COVID-19 Pandemic. Changes in Travel Behaviour and Mode Preferences*. *Research in Transportation Business & Management*. DOI: <https://doi.org/10.1016/j.rtbm.2023.101091>
- Famà, A., Myftiu, J., Pagnottoni, P., Spelta, A. (2024). *Explainable Machine Learning for Financial Risk Management: Two Practical Use Cases*. *Statistics* 58 (5), 1267-1282 <https://doi.org/10.1080/02331888.2024.2401078>

Scientific journals (ANVUR rating, area 13)

- Crotti, D., & Myftiu, J. (2026). Sustainable Tourism in Public Marketplaces: Resident Perceptions of Transportation Issues in a Latent Class Analysis. *Tourism Planning & Development*, 1–22. <https://doi.org/10.1080/21568316.2026.2656208>
- Myftiu, J. (2025). *When routines break: Understanding the resilience of commuting behaviour after a mobility shock*. *European Transport / Trasporti Europei*, 104, Paper 6. ISSN 1825-3997. <https://www.istiee.unict.it/issues/104-2025>
https://www.istiee.unict.it/sites/default/files/files/ET_2025_104_6.pdf
- Myftiu, J., Crotti, D., & Maggi, E. (2025). *Favorire la mobilità ciclabile nelle università italiane: analisi sulle motivazioni pro-ecologiche*. *Rivista di Economia e Politica dei Trasporti*, 2025(4), Paper 1. ISSN 2282-6599. <http://www.sietitalia.org/sito%20REPT/iniziale.htm>
- Crotti, D., & Myftiu, J. (2025). *Sostenibilità turistica dei mercati pubblici e percezione dei residenti: il ruolo dei trasporti in un'analisi a classi latenti*. *Rivista di Economia e Politica dei Trasporti*, 2025(4), Paper 2. ISSN 2282-6599. <http://www.sietitalia.org/sito%20REPT/iniziale.htm>
- Myftiu, J. (2022). *Promoting commute active modes during the Covid-19 pandemic. What is the role of multimodal travel mode choices?* *Rivista Italiana di Economia, Demografia e Statistica (RIEDS)*, 77(4): 73-84.

Other publication

Myftiu, J. (2024). *Investigating Accessibility to Higher Education: Empirical Essays on Scholarships Eligibility and Commuting Behaviour*. PhD Dissertation in Methods and Models for Economic Decisions – Cycle XXXVI. Department of Economics, University of Insubria.

Working papers (available online with ISSN)

Myftiu, J., Crotti, D., & Maggi, E. (2025). *Road safety in urban sustainable cycling tourism: An application of the Protection Motivation Theory* (FEEM Working Paper No. 24.2025). Fondazione Eni Enrico Mattei. <https://www.feem.it/publications/road-safety-in-urban-sustainable-cycling-tourism-an-application-of-the-protection-motivation-theory/>

Bertazzoni, P., Bianchi, A., Myftiu, J. (2025). Mapping Work Flexibility in Europe: A Multidimensional Assessment (February 28, 2025). Available at SSRN: <https://ssrn.com/abstract=5732243> or <http://dx.doi.org/10.2139/ssrn.5732243>

Conferences and workshops presentation

2026: 28th SIET Conference – Italian Association of Transport Economics and Logistics, Florence (Italy), 9th – 11th Sept.; Workshop on Education, Inequality, Digitalization and Migration, Santiago De Compostela (Spain), 4th Sept.; NECTAR Conference, Monaco (Germany), 13th – 15th July; SIS Conference – Italian Statistical Society, Rom (Italy), 8th – 12th June; 5th CISEPS Annual Workshop - Economic inequality, political inclusion, and public finance, 16 -17 April, Milan (Italy); ICES – SMEA 4th Conference on Economic Statistics, Bari (Italy), 5 – 6 Feb.; Building Sustainable Transition in Italy – Conference, Florence (Italy), 14th - 16th Jan.

2025: 10th INVALSI Seminar, Rome (Italy) 19th – 22nd Oct.; 66th SIE Conference - Italian Economic Society, Naples (Italy), 23rd – 25th Oct.; NECTAR Cluster 5 Conference, Kyoto (Japan), 7th – 8th Oct.; 37th SIEP Conference - Italian Society of Public Economics, Naples (Italy), 18th – 19th Sept.; NECTAR Cluster 5 Conference, Como (Italy), 10nd – 11th Sept.; 27th SIET Conference – Italian Association of Transport Economics and Logistics, Monopoli (Italy), 8th – 9th Sept.; 64th ERSA Congress - European Regional Science Association, Athens, (Greece), 26th – 29th Aug; SIS Conference – Italian Statistical Society, Genoa (Italy), 16th – 18th June; 61st SIEDS Conference – Italian Society of Economics Demography and Statistics, Rome (Italy), 28th – 30th May.

2024: 26th SIET Conference – Italian Association of Transport Economics and Logistics, Trieste (Italy), 18th – 20th Sept.; NECTAR Conference, Brussels (Belgium), 2nd Jul. – 5th Jul.; 10th International ASTMed conference, Bertinoro (Italy), 19th Jun. – 21st Jun.; 8th SISEC Conference Italian Society of Economic Sociology, Cagliari (Italy), 31st Jan. – 3rd Feb. 60th SIEDS Conference – Italian Society of Economics Demography and Statistics, Milan and Castellanza (Italy), 22nd – 24th May.

2023: 15th SISTUR Conference Italian Association of Tourism Sciences, Taormina (Italy), 16th – 18th Nov.; 16th ESPAnet Italia Milan (Italy), 13th – 15th Sept.; 62st ERSA Congress – European Regional Science Association, Alicante (Spain), 28th Aug. – 1st Sept.; 25th SIET Conference – Italian Association of Transport Economics and Logistics, Trieste (Italy), 22nd - 23rd Jun.; 59th SIEDS

Conference – Italian Society of Economics Demography and Statistics, Naples (Italy), 25th – 26th May.

2022: 61st *ERSA Congress – European Regional Science Association, Pécs (Hungary), 22 - 26 Aug.*; 43rd *AISRe Conference – Italian Association of Regional Sciences, Milan (Italy), 5 – 7 Sept.*; 24th *SIET Conference – Italian Association of Transport Economics and Logistics, Varese (Italy), 8 - 9 Sept.*; 58th *SIEDS Conference – Italian Society of Economics Demography and Statistics, Palermo (Italy), 26th – 27th May.*

Conferences organization

2026: Co-convenor of the XI INVALSI Workshop, 4 – 6 Nov. Lecco (Italy).

2025: Co-convenor of the X INVALSI Workshop, 18 – 22 Nov. Ostia (Italy); Co-convenor of the 64th ERSA Congress - European Regional Science Association, Athens, (Greece), 26 - 29 Aug.

2024: Co-organizer of the 26th Conference of the Italian Association of Transport Economics and Logistics (SIET), Milan (Italy), 19 – 20 Sept.

2023: Co-organizer of the Annual Workshop of the Center for Interdisciplinary Studies in Economics, Psychology and Social Sciences (CISEPS), Milano (Italy), 14th April.

2022: Co-organizer of the 24th Conference of the Italian Association of Transport Economics and Logistics (SIET), Varese (Italy), 8 – 9 Sept.